



UNIVERSITY OF HAWAII  
CANCER CENTER

*Saving Lives in Hawai'i and the Pacific*



SUSAN C. HIRANO  
CANCER CARE  
COMMUNITY

COMMUNITY · AWARENESS · RESEARCH · EMOTIONAL WELL-BEING



## CARING FOR CAREGIVERS

Join us for an interactive workshop designed to acknowledge and empower caregivers while building a supportive community. We'll discuss caregiver research done at the UH Cancer Center, share self-care tips, practice ways to express and process emotions safely, and facilitate separate sessions for caregivers and patients/survivors/thrivers, to foster open, supportive dialogue.

Our **Susan C. Hirano Cancer CARE Community** is here for you and your loved ones, offering heartfelt support and aloha. You'll receive guidance on the latest treatments, emotional well-being resources, practical assistance with navigating care and more.

**SATURDAY, JANUARY 17, 2026 ♥ 9 - 11 A.M.**

**SULLIVAN CONFERENCE CENTER**

at the University of Hawai'i Cancer Center  
701 Ilalo Street, Honolulu, HI 96813

### SPEAKERS:



**'Research and Resources to Support Caregivers and Patients'**

**Kevin Cassel, DrPH, MPH**

Associate Director  
Community Outreach and Engagement, and  
Associate Researcher  
University of Hawai'i Cancer Center



**'A Personal Caregiving Journey'**

**Peter Hirano**

Husband of the Late Susan Hirano



**'The Power of Helpful Thoughts'**

**Faryal Michaud, DO**

Palliative Care Physician  
The Queen's Medical Center  
Certified Life and Wellness Coach

**REGISTER BY**

**WEDNESDAY, JANUARY 14, 2026**



[go.hawaii.edu/mvD](https://go.hawaii.edu/mvD)

[www.uhcancercenter.org](http://www.uhcancercenter.org)  
[events@cc.hawaii.edu](mailto:events@cc.hawaii.edu) | (808) 564-5835

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